

**MY ITALIAN KITCHEN: FAVORITE FAMILY  
RECIPES FROM THE WINNER OF  
MASTERCHEF SEASON 4 ON FOX BY LUCA  
MANFÉ**



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## Review

“Luca comes from a long line of great Italian home cooks ... his inspiring family recipes are featured here in this fantastic book.” (CHEF GORDON RAMSAY, MasterChef judge)

“Luca is proof that nice guys don’t always finish last ... it is with great pride that I introduce My Italian Kitchen, the first of what I hope will be many inspiring culinary contributions to come.” (JOE BASTIANICH, restaurateur and MasterChef judge)

“Get great Italian recipes from Luca Manfé’s My Italian Kitchen.” (About.com)

“Manfé draws heavily on his family’s Italian roots in Friuli-Venezia Giulia to offer dishes that are varied, flavorful and true to the region.” (Sauce Magazine)

## About the Author

Luca Manfé is the Season 4 winner of MasterChef. Originally from Friuli, Italy, he currently lives in New York.

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# **MY ITALIAN KITCHEN: FAVORITE FAMILY RECIPES FROM THE WINNER OF MASTERCHEF SEASON 4 ON FOX BY LUCA MANFÉ PDF**

WELCOME TO MY ITALIAN KITCHEN AND MY BIGGEST PASSION: FOOD.

Most of my family memories revolve around food, especially family holidays, and everyone knows how important food and wine are in Italian culture. Here are the recipes passed down from my nonnas (grandmothers) that reflect the warm, rustic flavors of Friuli, Italy: rich frico, risotto, and savory polenta. I also love the lighter bites, perfect with a glass of wine: crostini with ricotta and honey, or a tramezzini, the Italian version of English high-tea sandwiches. And I didn't forget the sweets—from the tiramisu I made with my mother when I was eight years old to the famous basil panna cotta I made to help win me the title of MasterChef.

I love to teach, and I'll show you the fundamentals of fantastic Italian food, including homemade stock (I swear, it's easy), pasta from scratch, and more. My Italian Kitchen is packed with the food that I love and that you and your family will love too. (Plus I'll tell you some good behind-the-scenes stories from Season 4 of MasterChef!)

Grazie! And welcome to my kitchen.

Luca

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- Stewart Tabori and Chang

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#### Most helpful customer reviews

2 of 2 people found the following review helpful.

I love this recipe book

By Kimberly

I love this recipe book! I am a huge Master Chef fan and I collect the recipe books from all of the winners of the competition. There are many wonderful recipes in this book that I have tried and they are delicious. I would definitely recommend this book to any Master Chef fan.

1 of 1 people found the following review helpful.

I like to read this book

By FromJersey

I like to read this book. Not only it has many good recipes I am interested to try but also I enjoy reading it and like Luca's interesting stories about his cooking and life. Those parts inspires me to read more and try to cook different cuisine that I was not familiar with.

The only thing this book could improve is, it should have more pictures for Luca's finished dishes.

That's why I give it a 4 star review.

1 of 1 people found the following review helpful.

Five Stars

By Jeri Conklin

Nicely written and love Luca anyway so enjoy his stories and recipes.

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