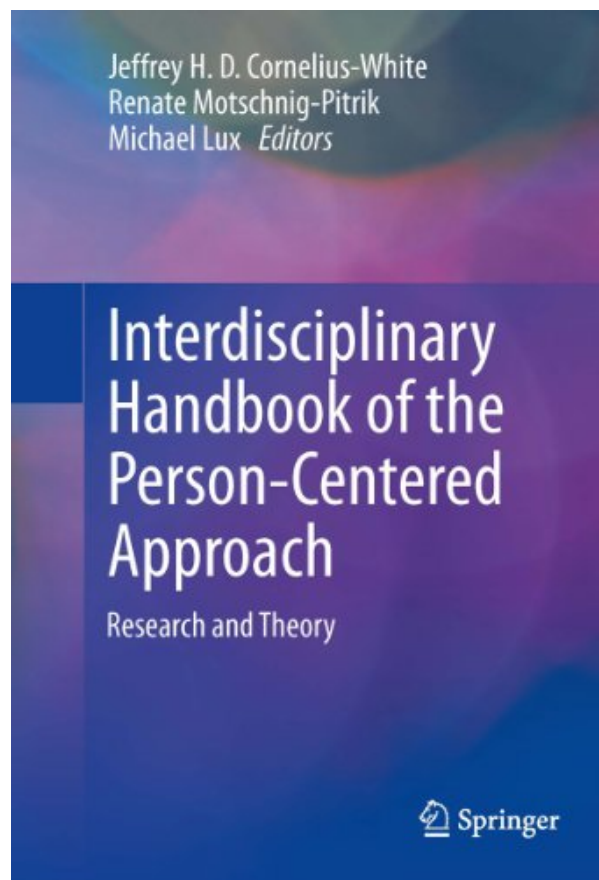
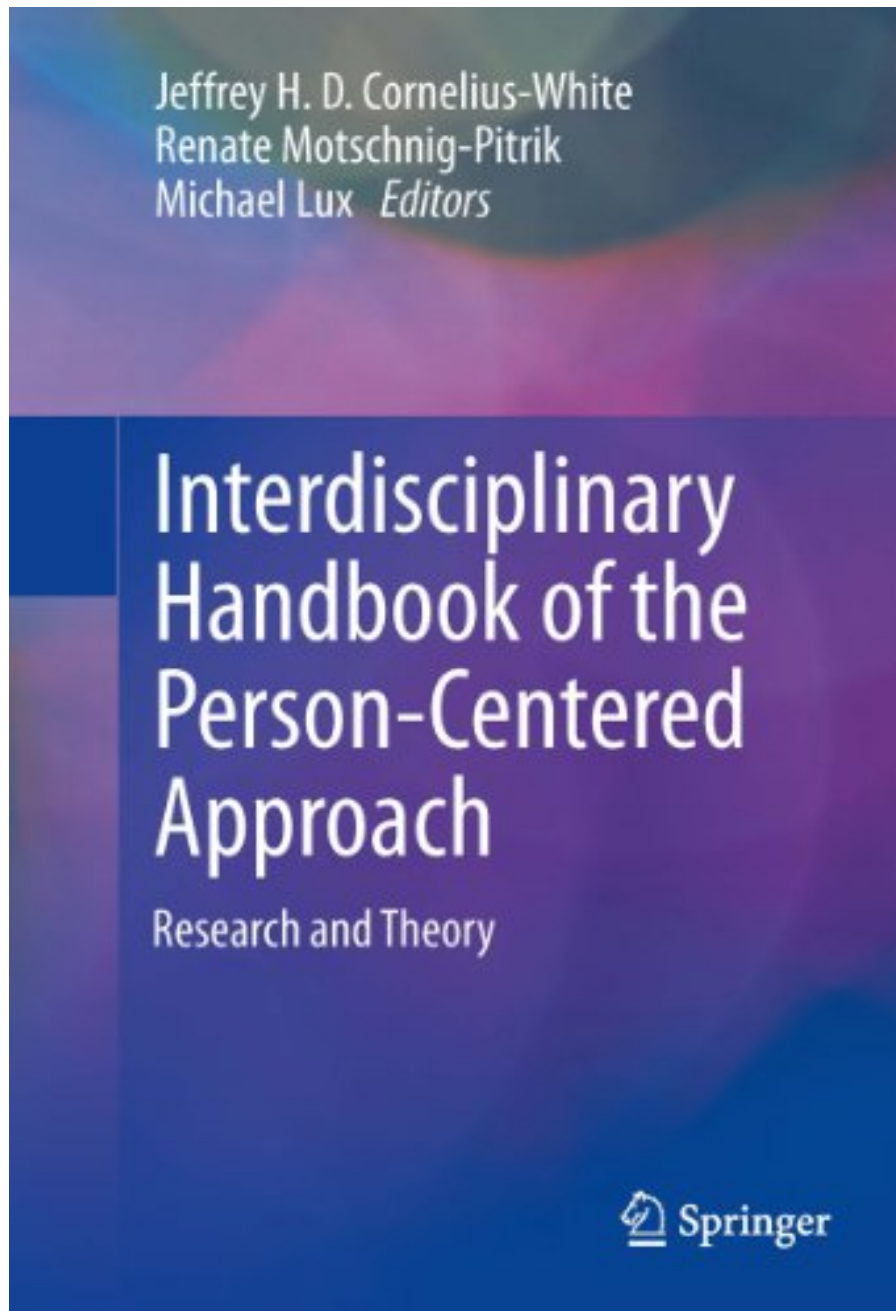


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From the Back Cover

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The Interdisciplinary Handbook of the Person-Centered Approach examines these connections for a deeper understanding of how?and why?this humanistic approach works in client-centered psychotherapy and beyond. Chapters link key constructs of the PCA to research and theory in a variety of fields to bring new significance to self-determination, interpersonal relationships, human attachment, social neuroscience and other related fields. Taken together, this research and theory unites the sciences and the humanities, and the objective with the subjective, to arrive at a clearer picture of the complete, authentic person. A companion volume on applications will demonstrate these connections in practice across various fields for further insights into the utility of the approach. Interdisciplinary collaborations featured in the book link the PCA with:

Cognitive and neuroscience

Mindfulness and meditation

Developmental relating

Positive psychology

Systems theory

Game theory, theory of science, and philosophy

Spirituality, religion, and ethics

The Interdisciplinary Handbook of the Person-Centered Approach: Research and Theory will benefit researchers and practitioners who want to deepen their understanding and practice. Its usefulness to researchers and students crosses a variety of sciences, such as psychology, neuroscience, therapy, education, communication, and medicine. A unique feature of the book are concept maps that may inspire further interdisciplinary connections across many fields.

#### About the Author

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This book examines the scientific contribution and increasing relevance of the Person-Centered Approach (PCA) in psychotherapy. The direction taken in the book is to provide readers with a multidisciplinary and multi-perspective view as well as practical applications. Beyond the more conventional psychotherapy applications (client-centered, experimental, emotion-focused, child-centered, motivational interviewing, existential, filial, etc.) others have evolved including peace and conflict resolution work, encounter and T-groups, nonviolent communication, parent effectiveness training, person-centered planning for people with disabilities, relationship enhancement methods, learner-centered education, technology-enhanced learning environments, human relations leadership training, etc. Simultaneously, scientific disciplines were influenced by this perspective in less obvious ways.

Hence, the major contribution of this book is to identify and characterize the key bridges-so far only partly recognized- between the PCA and several other disciplines. Based on the results of the bridge-building endeavor, the editors will propose an initial formulation of the PCA as a meta-theory. It is intended as a generic framework to solve complex, social problems and to stimulate further research and development concerning the human species in relationship to its environment.

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