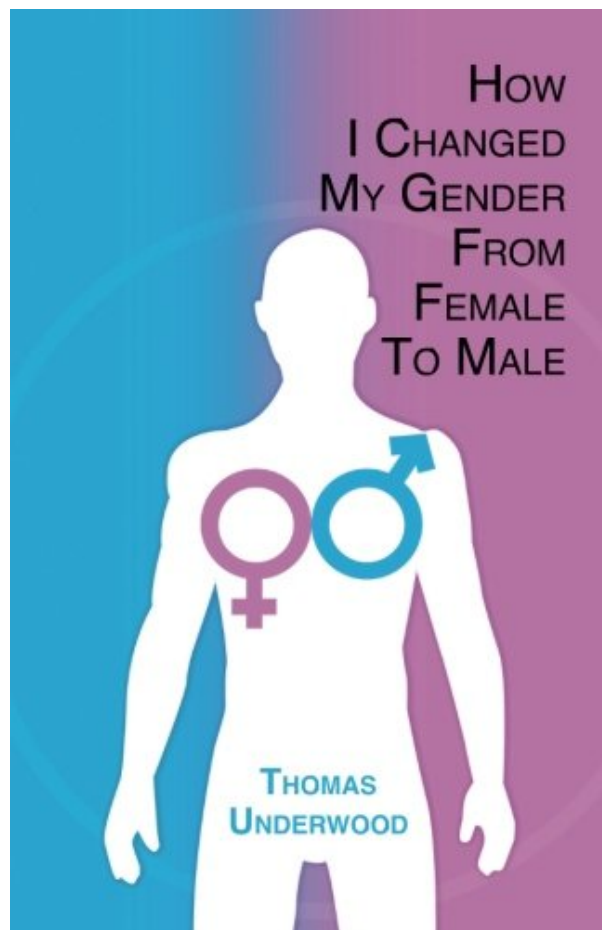
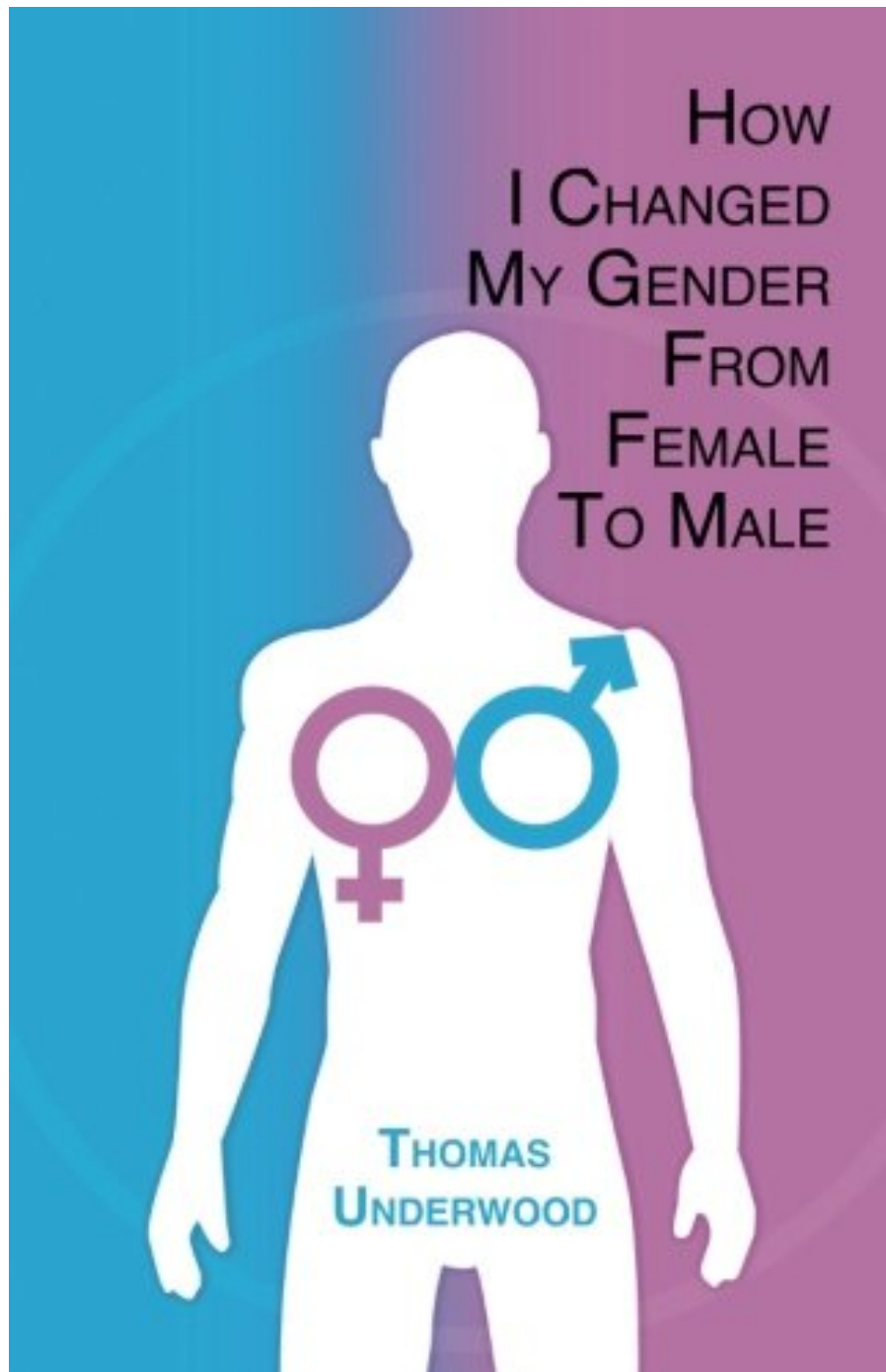


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About the Author

Thomas Underwood received his Ph.D. in the history of American civilization from Harvard University.

Randall Kennedy is Professor at Harvard Law School and the editor of "Reconstruction" magazine.

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Deciding to transition gender is likely to be the biggest decision you will ever make in your life. It will change your life irrevocably – and based on research, it will most likely change it for the better. Nevertheless, it is not an easy choice to make. When the author, Thomas Underwood, began to become outwardly the man he always was inside, he found it a very difficult and challenging journey, emotionally and physically. He sought advice from friends, counselors, support groups, websites, and books. Thomas spent fourteen years going through his transition from female to male, and learned a great deal from this experience. Having lived now as both a woman and a man, Thomas wants to share his journey, in the hope that it will help others on the same journey. When transitioning it is usual to need lots of help and advice – it's a normal and healthy part of your transition. This book will provide some of the guidance that the author wishes he had had on his journey. He shares how he experienced his transition, and also provides a wealth of information and resources.

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Randall Kennedy is Professor at Harvard Law School and the editor of "Reconstruction" magazine.

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It's two great books in one....Autobiography and reference

By den

This book is beneficial in many ways. One, it is informational for those who are starting their journey from female to male, a good reference book. And secondarily, it provides the reader with personal attributes of how the author made his way along his transition path. And, combining those two elements make it a big help for families/friends of someone who is transitioning FTM, to understand a transguy's experience. It's a quick read that is light and doesn't bog now, but also contains a lot of reference information to have near by when one might need to see a physician/therapist with a question, or purchase gear needed to help with body dysphoria.

The author provided us with a plethora of information that makes it a book you don't just read once and put

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I loved this book! This was a well written and interesting book. It explained a lot of the dilemmas that one must face when deciding to transition (and even the dilemmas one faces when they don't transition). I really liked this book - it was informative and fun to read as well. I read the Kindle edition.

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